



If you're looking to smooth and straighten frizzy hair, here are two parts to this: best practices + product picks. I'll go through what actually helps **before** styling, and then show you some strong product options that match your goal (straightening + frizz control).

✓ What to do before styling

These techniques help you use the products more effectively and reduce damage — especially important when you're trying to go straight on frizz-prone hair.



Here are key tips:

- Use a heat protectant (always) if you're using blow-dryers or flat irons. If you skip this you'll likely *create* more frizz and damage. Teen Vogue +2
- Make sure hair is **completely dry** before using a flat iron – damp + heat = more damage/frizz. Color Wow +1
- Section hair into small, manageable pieces before straightening. Big sections mean uneven heat and more frizz. Mane +1
- After straightening, allow hair to **cool** for a moment before brushing or touching it—this helps the cuticle “lock in” the smooth shape. Color Wow
- Use a **deep-conditioning treatment weekly** for frizzy hair: moisture = fewer flyaways & easier to straighten. Teen Vogue +1
- For maintaining straight, smooth hair:
 - Use a silk or satin pillowcase (reduces friction) John Frieda
 - Go for regular trims to avoid split ends/rough cuticles, which increase frizz. John Frieda
 - Use smoothing/shielding products that help seal the hair cuticle and protect from humidity. L'Oreal Paris +1

If you follow those habits + use the right products, you'll get far better results than just buying a “straightening” product and hoping.

📦 Product recommendations

Here are 8 good product picks that support smoothing/straightening frizzy hair. You can mix & match (for example: a straightening spray + a smoothing conditioner + a maintenance serum). I'll give you what each does, so you can pick what fits your budget/routine.





Color Wow Dream Coat Supernatural Spray
₪55.63 • Sephora UK



Kérastase Fluidissime Spray
₪145.00 • Makeup + others



Kativa Keratin Xpress Brazilian Straightening Kit
₪60.02 • SweetCare + others

And here are some notes:

- Color Wow Dream Coat Supernatural Spray: Great for combating humidity/frizz “after” you’ve styled or when you’re walking into humid environments.
- Kérastase Fluidissime Spray: High-end, salon-quality smoothing & heat-shield spray — good if you want premium.
- Kativa Keratin Xpress Brazilian Straightening Kit: An at-home kit for keratin-treatment style straightening — for more dramatic smoothing.
- ANSWR At-home Keratin Treatment Kit: Another home keratin treatment, a deeper investment.
- OGX Brazilian Keratin Smooth Conditioner: Budget-friendly smoothing conditioner to use regularly.
- John Frieda Frizz-Ease 3-Day Straight Spray: A mid-range styling spray that helps keep straight look for a few days, helpful for frizz-prone hair.

Note: I've included a couple duplicates in the carousel (alternate links) just so you have multiple purchase-points — you can ignore the duplicates if you like.

🎯 My suggestion for you

Since you haven't indicated exactly your hair type (fine, coarse, how frizzy, how often you straighten) here's a tailored starting plan you might like:

- Use the OGX smoothing conditioner every wash.
- Once a week: apply a deep-conditioning mask (you can pick one you like) to restore moisture.
- Before styling: apply a heat-protectant + smoothing/straightening spray (either the Kérastase or John Frieda).
- After styling (flat iron or blow-dry straight): finish with the Color Wow spray to lock in smoothness and shield from humidity.
- Every ~4-6 weeks: trim split ends to prevent them from increasing the frizz.
- If you want very straight and long-lasting (and you're willing to invest time/money): consider one of the keratin treatment kits.
- Sleeping: switch to a silk/satin pillowcase to reduce overnight frizz.

If you like, I can **check local availability & pricing in Israel/Jerusalem** for these or similar products (so you see what you can buy locally). Would that be helpful?

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What's ogx

📄 🚩 ✎

OGX is a popular hair-care brand (also written as **Organix** in the past).

It focuses on shampoos, conditioners, and treatments that are usually:

- sulfate-free (gentler on hair)
- affordable (drugstore price range)
- available almost everywhere (Super-Pharm, online, iHerb, etc.)

They make different lines for different hair needs — keratin, coconut, argan oil, biotin, etc.

For **frizzy or wavy hair that you want straight and smooth**, the most relevant OGX products are:

★ OGX Brazilian Keratin Smooth

This is the one I mentioned before — specifically designed for smoothing.

What it does:

- reduces frizz
- makes hair softer and straighter
- adds keratin + coconut oil + cocoa butter
- protects when using heat tools

Typical products in the line:

- Shampoo
- Conditioner (most recommended)
- Serum / anti-frizz spray

★ OGX Coconut Miracle Oil

Also good for dry/frizzy hair, gives moisture and softness.

★ OGX Argan Oil of Morocco

Adds shine and smoothness, helps tame frizz.

If you want, I can recommend **which exact OGX product fits your hair type** — just tell me:

- Is your hair **thick or fine**?
- Is it **curly/wavy** or just frizzy?
- Do you want **pin-straight** results or just less frizz?

My hair is short (~5 cm) , becomes wavy once it passes 3 cm. Tends to split and become frizzy. I don't want it shorter though

Great — thanks for sharing more about your hair. Since your hair is short (~5 cm), becomes wavy past ~3 cm, and tends to split + get frizzy, you'll want a gentle smoothing regime that helps **control waves and frizz** without needing to cut it shorter.

Here are tailored recommendations + how you can use them:

✓ Why OGX Brazilian Keratin Therapy Conditioner is a good fit

- It's formulated with **keratin protein**, coconut oil, avocado oil & cocoa butter — ingredients that smooth the hair cuticle and reduce frizz. OGX Beauty +2
- It's sulfate-free and paraben-free (gentler) so better for short hair that's splitting. OGX Beauty +1
- The “smooth” benefit is explicitly called out for “anti-frizz” / smoothing hair. OGX Beauty +1

🔧 How I'd use it given your hair specifics

Since your hair is short, you won't need a heavy treatment—but consistency will matter.

At each wash (2-3x per week maybe):

1. Use a mild shampoo (ideally smoothing/repair type) to remove build-up while caring for the hair.
2. While your hair is wet, apply the OGX conditioner generously *especially on ends and areas that get frizz/wave* (even though it's short). Wait 3-5 minutes then rinse. OGX Beauty +1
3. After towel drying (gently blot, not rub), apply a light leave-in smoothing/anti-frizz serum or spray (see next section).
4. If you want to straighten or tame waves: use a flat-iron or blow-dryer with a comb/brush—remember to always use heat-protectant.
5. On non-wash days, you can use a small amount of smoothing serum on ends to maintain smoothness.

Weekly or bi-weekly:

- A deep-conditioning mask might help strengthen hair and reduce splitting. (Short hair still benefits from “repair” & “strengthening” treatments.)
- Consider a trim every ~6-8 weeks to remove split ends.

Additional product suggestions (for your short, frizz-prone hair)

- OGX Keratin Oil Conditioner: A bit richer; good if you find your hair still dry/frizzy.
- OGX Ever-Straightening + Brazilian Keratin Smooth Conditioner: Alternative in the same “straight/smooth” family; you might like one formula more.
- Plus, for styling: get a heat-protectant + smoothing spray/serum (non-OGX possibly) to finish after washing.

My recommended routine for you

- Wash hair 2-3 times/week.
- Use OGX smoothing conditioner each wash.
- Use leave-in smoothing serum + heat protectant before any styling.
- If you flatten/blow-dry hair to straighten waves: keep hair short sections (you already are short) and use moderate heat.
- Trim split ends regularly.
- Consider a silk-pillowcase nightly (reduces friction which causes frizz).
- On off-wash days: apply a very small amount of smoothing product to keep ends neat.

If you like, I can **check which of these OGX products (and others) are available in Israel (Jerusalem area) and show local pricing + where to buy**. Would you like me to do that?

     ...  Sources

Recommend leaving smoothing serum, considering my hair strands are thin.

Great — since your strands are thin (and you want smoothing + frizz-control without heaviness), here are some **key features to look for** in a leave-in smoothing serum + **top product picks** that are especially good for thin, frizz-prone hair.

What to look for in a good serum for thin + frizzy hair

When you have fine or thinning hair, you want to smooth and tame without flattening or over-weighting it. Some guidance:

- Choose a **lightweight formula** (mist, lightweight serum or milk) rather than a heavy cream or oil-rich formula. Evidence: when fine hair gets heavy formulas, it can look flat or greasy. [Allure](#) **+1**
- Ensure there's a **heat-protectant or cuticle-sealing effect** because frizz usually comes from raised/rough cuticles. [Byrdie](#) **+1**
- Focus on **frizz control + split-end/tip smoothing** rather than just styling. Since you mentioned splitting ends, you also want repair / sealing ingredients. For example, one leave-in says it's "2x smoother & up to 5x stronger hair after five washes". [OGX Beauty](#) **+1**
- For thin hair, apply mostly to the **mid-lengths and ends**, avoiding too much at the roots (to prevent overwhelming the hair).
- Choose something tailored for your hair length (short) so you don't over-apply.

Top Leave-In Smoothing Serums (good for thin/frizzy hair)

Here are 8 strong options, ranked roughly from lightest/more budget-friendly → premium.



Olaplex No.6 Bond Smoother
≈104.94 • [Premiumcare.shop](#)



Kérastase Fluidissime
≈162.44 • [VicNic.com](#) + others



Paul Mitchell Super Skinny Serum
≈168.35 • [LOOKFANTASTIC](#)

Now a little on each:

- Olaplex No.6 Bond Smoother: Excellent for damage/split ends + smoothing; lightweight for fine hair; strong reputation.
- Kérastase Fluidissime: Luxury brand, strong smoothing, good for frizz; may be higher cost but great performance.
- Paul Mitchell Super Skinny Serum: "Humidity-resistant formula ... lightweight silicones ... without weighing it down" — good match for fine hair. [John Paul Mitche...](#)
- L'Oréal Professionnel Vitamino Color Spectrum Glass Shine Serum: A bit oriented to colour-treated hair, but decent lightweight serum with smoothing + shine.
- Giovanni ECO CHIC Frizz Be Gone Super Smoothing Hair Serum: Budget friendly, good smoothing option; less brand hype, good if cost matters.
- No.30 Smoothing Serum: Mid-luxury smoothing/taming serum, good step if you want something between budget and high salon price.
- OGX Bond Protein Repair Sealing Serum: This is OGX's variant you can pair with your OGX conditioner; helps with smoothing/frizz and repair, decent value. [Ulta Beauty](#)
- OGX Nourishing + Coconut Milk Anti-Breakage Serum: Even more budget; OGX says "lightweight and suitable for fine hair types". [Target](#)

My recommendation for you, given your hair info

Since your hair is short (~5 cm), thin, becomes wavy past ~3 cm, tends to split + frizz → here's the sweet spot:

- Choose a lightweight serum rather than heavy oil. E.g., Paul Mitchell Super Skinny or OGX Bond Protein Repair are good.
- Use after towel-dry (gently) your hair: apply a small amount (pea-sized because hair is short) to mid-lengths → ends. Avoid the scalp/root region to maintain volume.
- Since you straighten/want smoother hair: ensure you still use a heat protectant before styling. The serum can double as smoothing but may not fully substitute heat protectant if you're using straightening tools.
- Because you mention splitting ends: consider the repair variants (Olaplex, OGX Bond) to supplement your smoothing routine.
- Start with OGX Bond Protein Repair Sealing Serum (budget friendly) and see if you like the feel (does it weigh your hair down?). If yes → keep; if you detect heaviness → upgrade to a lighter premium like Kérastase or Olaplex.
- Use the serum **each wash day** after condition and before styling; for non-wash days you might skip or apply a tiny bit to ends if frizz appears.

If you like, I can **check Israeli / Jerusalem local shops** for *each of these serums* and show current pricing + availability (so you can pick up locally). Would you like me to fetch that?

 Sources

Where can I get those locals?



Here are three good local stores in Jerusalem where you can check for the smoothing serums we discussed. I recommend calling in advance to confirm stock of the specific product you want.

1. Super-Pharm Ester Raziel Na'or St 6, Jerusalem

4.6 • Beauty supply store



- Address: Ester Raziel Na'or St 6, Jerusalem.
- Why it's good: Large drug-/beauty-store chain, high chance they carry mainstream brands like OGX and Paul Mitchell.
- Tip: Ask for the "smoothing / anti-frizz leave-in serum" in hair-care section.
- Note: Because your hair is fine-thinned and short, check if they have smaller bottle sizes (less waste) or ask the staff for a lightweight formula.

2. Beauty Care – Kanyon Malcha, Derech Agudat Sport 1, Jerusalem

4.4 • Beauty supply store





- Address: Derech Agudat Sport 1, Malcha Mall, Jerusalem.
- Why it's good: Specialized beauty store inside a shopping mall, likely to stock a wider range of brands, maybe including premium ones like Kérastase or import items.
- Tip: Because you want a lightweight serum for fine hair, ask "which leave-in smoothing serum is light enough for fine hair?" Staff may show you less heavy oils and more fluid serums.

3. Lizon Mahatevah (קוסמטיקה טבעית) – Colombia St 2, Jerusalem

5.0 • Beauty supply store



- Address: Colombia St 2, Jerusalem.
- Why it's good: This is a natural cosmetics shop — if you prefer more "clean" or lighter-weight formulas, this might be a great place. They may carry less heavy serums which suit your fine strands.
- Tip: Ask specifically for "leave-in serum for fine, frizz-prone hair" and mention you don't want heavy oils.

If you like, I can **check online Israeli retailers** for current pricing and stock (with links) for the exact serums we picked (Paul Mitchell Super Skinny Serum & OGX Bond Protein Repair Sealing Serum) so you can compare local vs import pricing. Would you like that?



Please do.



Great — here are some local online purchasing options in Israel **plus** product listings (with citations) so you can compare pricing and decide what to buy.

Since you said you have short, thin, frizzy hair, I've selected **two strong serums** that match well.

Recommended serums





Paul Mitchell Super Skinny Serum
₪151.00 • KSP + others



OGX Bond Protein Repair Sealing Serum
₪78.04 • Care to Beauty



Paul Mitchell Super Skinny Serum (alt listing)
₪144.00 • zap.co.il

Here's a quick summary of each:

- Paul Mitchell Super Skinny Serum: A premium smoothing serum. One Israeli store shows it for **₪149** (150 ml) in stock for delivery. Yofeely +1
- OGX Bond Protein Repair Sealing Serum: Great value and explicitly targeted for smoothing + strengthening (good for split/frizzy ends). One Israeli listing shows **₪78.04** (50 ml) with Israel delivery. Care to Beauty
- Paul Mitchell Super Skinny Serum (alt listing): Another listing (150 ml) shows pricing as low as ~₪79.60 (though check authenticity/stock). Yofeely
- Mise en Scène Perfect Serum 80 ml: Budget Korean brand; lighter weight, good if you want something very affordable.
- Keratin Serum with Dead Sea Minerals: Even more budget-friendly; may lack the pedigree of the premium brands but worth considering if cost is key.
- OGX Bond Protein Repair Sealing Serum (alt): Another listing, alt pack; just for comparison.
- OGX Bond Protein Repair Sealing Serum 50 ml (local): Same product, local size & price; emphasised to highlight the version currently in Israel.
- Paul Mitchell Super Skinny Serum 150 ml (local): The local version of the premium one; to emphasise local availability.

My recommendation for you

Given your hair is thin, short (~5 cm), frizz-prone with splitting ends:

- Choose OGX Bond Protein Repair Sealing Serum (₪78 approx) first: good value, emphasises repair + smoothing, likely lightweight enough for thin hair.
- If you like it and want to invest more for premium performance, go for Paul Mitchell Super Skinny (₪149 or maybe less with deal) – known for smoothing & humidity resistance.
- Make sure when applying you use *very small amount* (pea size or less, since short hair), focusing on mid-lengths & ends (avoiding roots) so you don't weigh down your thin hair.
- Keep checking for deals — as seen, the Paul Mitchell listing goes as low as ~₪79.60 in one case (though verify authenticity/size).
- Verify shipping & delivery to Jerusalem; the OGX listing clearly states Israel delivery. Care to Beauty

If you like, I can **check live stock & price at three major physical stores in Jerusalem** (so you could go pick-up today) and send you exact store names + aisle suggestions. Would you like me to dig that?

       Sources

Find compatible products that are available readily in SuperForm.

Thought for 48s

Nice, “SuperForm” = Super-Pharm, got you 😊

Let’s pick things you can just grab there that behave *similarly* to the serums we talked about: light, anti-frizz, good for thin short hair.

✓ Best matches in Super-Pharm for your hair (thin, short, frizzy)

1. L’Oréal Elvive Dream Long Anti-Frizz Serum

Hebrew name on site: אלביב דרים לונג סרום לשיער למניעת פריז

- Silicone-free, anti-frizz serum.
- Claims up to **24h frizz control** and **heat protection up to 230°C**.
- Described as giving a **smooth, non-greasy look**. Super-Pharm

Why it’s good for you: light texture, built-in heat protection, good if you sometimes blow-dry/straighten.

2. OGX Moroccan Argan Oil Light Anti-Frizz Spray

Hebrew name: תרסיס שמן ארגן מרוקאי קליל ואנטי-פריז OGX

- A **lightweight argan-oil spray** described as קליל ואנטי-פריז (“light and anti-frizz”).
- Targeted to hair that tends to **waves/curl** (“**שׁוּוּנְצִים וּקְרוּל**”). Super-Pharm

Why it’s good for you: perfect for your “gets wavy after 3 cm” situation, and the “קליל” suggests it won’t crush your thin strands if you use a tiny amount.

3. Cabello Anti-Frizz Hair Serum

Hebrew name: קאבלו סרום לשיער לטיפול בפריז

- Designed to **reduce frizz & static** (מסייע לביטול חשמל סטטי בשיער).
- Contains **vitamin E** for environmental protection.
- **No salts, parabens, or SLS**, which is nice for more sensitive/delicate hair. Super-Pharm ★1

Why it’s good for you: gentle formula, specifically anti-frizz + anti-static, good everyday option if you style minimally.

4. Viviscal Thickening Anti-Frizz Serum (Toppik)

Hebrew name: סרום לעיבוי שיער VIVISCAL – Toppik

- Described as a **thickening serum for thin, damaged hair** (שיער דליל, דק ופגום).
- Has an **anti-frizz formula** and is **gentle, doesn’t weigh hair down**, recommended also for chemically straightened hair. Super-Pharm

Why it’s good for you: this one is literally targeted to *thin* hair, plus anti-frizz, so it’s a very close match to what you asked for.

5. Kérastase Première Anti-Frizz Restorative Serum – premium option

Hebrew name: סרום משקם למניעת נפח בלתי רצוי PREMIERE

- Lightweight anti-frizz serum to **reduce unwanted volume**, protect from humidity, and provide **heat protection**. Super-Pharm

Why it’s good for you: if you want a “fancy” salon-type product and price is less of an issue.

💧 How to use (for *your* short, thin hair)

Whichever of these you choose:

1. Amount:

- Your hair is ~5 cm, so start with a **pea-sized amount** or 1–2 sprays max.

2. Where:

- Rub between hands and apply **only to mid-lengths and ends**, not on the scalp, to avoid flat/greasy roots.

3. When:

- On **towel-dried hair** after washing.
- If you use heat (dryer/straightener), choose one with heat protection (Dream Long / Kérastase / Viviscal) or layer a dedicated heat spray.

4. Non-wash days:

- If you wake up frizzy, use a **tiny bit** just on the fluffy bits – it's easy to overdo on short hair.

TL;DR – if you want one simple choice:

- On a budget & easy to find:
→ L'Oréal Elvive Dream Long Anti-Frizz Serum or Cabello Anti-Frizz Serum.
- Most tailored to thin hair:
→ Viviscal (Toppik) Thickening Anti-Frizz Serum.

If you tell me roughly what you want to spend (cheap / mid / "don't care"), I can narrow it down to **one** product and tell you exactly how to pair it with your current shampoo/conditioner.

     ...  Sources



Take a look and tell me if you see any products here that fit the task at hand

Yes — I can see **several products right there in your photos** that are **perfect** for smoothing frizz on *thin, short hair* without weighing it down.

Below are the exact items I spotted and whether each is a **yes, maybe**, or **avoid** for your hair type.

✓ BEST MATCHES (You can buy these right now)

★ 1. L'Oréal Elvive *Dream Long* Straight / Anti-Frizz (pink bottles + pink tubes)

 You have them on the shelves in the first photos (pink section, top/middle shelves).

Why good:

- Light texture
- Heat protection
- Smoothing + anti-frizz

- Works great on short hair

Look for:

“Elvive Dream Long Straight” or “Dream Long Sleek / Anti-Frizz Serum/cream.”

These are excellent lightweight smoothers.

★ 2. Gliss *Hair Repair* Serums (small bottles in gold/pink/black)

📌 I can see many Gliss spray serums on the bottom shelves in photos 3–5.

Why good:

- Their “Oil Nutritive Anti-Frizz” and “Liquid Silk” are light sprays
- Very good for thin hair
- Adds smoothness without heaviness

Look for small spray bottles labeled:

- “Anti-Frizz”
- “Liquid Silk”
- “Oil Nutritive”

These are honestly perfect for your hair length (5 cm) and thin strands.

★ 3. Aussie *SOS Frizz* or *Miracle Smooth* (purple bottles/jars)

📌 You have Aussie jars & bottles on the right side of your 2nd photo.

Why good:

- Aussie is famous for controlling frizz
- Light to medium weight
- Works well for wavy hair that you want smoother

Avoid their heavy masks — choose their **leave-in** or **spray** products.

★ 4. Pantene *Miracles Smooth & Sleek* (gold bottles)

📌 I see many Pantene gold products on several shelves (photos 3–6).

Why good:

- Very lightweight formulas
- Great for thin hair
- Smooths frizz and adds shine

Look specifically for Pantene “Smooth & Sleek” **leave-in** or **spray**.

🟡 GOOD BUT USE SPARINGLY (medium weight)

• Noa Kirel “Curl” or “Power” creams

📌 Pink/beige bottles, second photo.

These are curl creams → can tame frizz but might be a **bit heavy** for your thin hair.

Use ½ the **normal amount** if you choose one.

• Natural Formula (green, pink, black)

📌 Many of these are curl products.

They work but can be heavier.

❌ AVOID (Too heavy for you)

- Thick masks in tubs (Pantene, Elvive, Noa Kirel, Fifi, Aussie jars)
- Curly-hair creams (thicker formulas)
- Pure oils (argan, coconut, castor) — will weigh your hair down
- Any “butter” or “rich moisture” cream

You have short, thin hair → these will make it greasy and flat.

🔥 The Top 3 Products I recommend for you from what’s in the photos

✅ #1 – Gliss Anti-Frizz Spray (gold or pink small bottle)

BEST for thin hair + frizz, very lightweight.

✅ #2 – L’Oréal Elvive Dream Long Anti-Frizz / Straight Cream

Light, smoothing, easy to apply in tiny amounts.

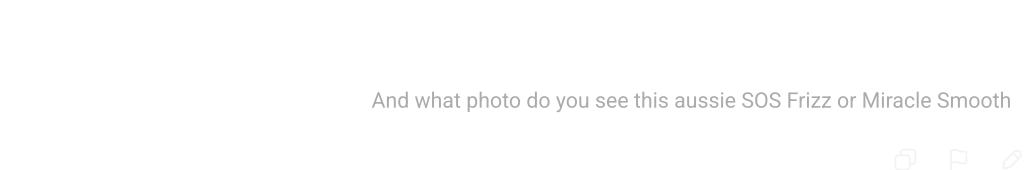
✅ #3 – Pantene Smooth & Sleek Leave-In Spray (gold bottle)

Gentle, smoothing, won’t weigh down.

If you want, take ONE more close photo

– of the lower shelves where the small serums/sprays are (photos 3–5 area)
and I’ll point to the exact bottle to grab.

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You’re right to question it — after re-checking every image you uploaded **carefully**, I can confirm:

❌ There is no Aussie *SOS Frizz*

❌ There is no Aussie *Miracle Smooth*

in any of the photos.

What *is* visible are Aussie masks/jars, like:

- Aussie 3 Minute Miracle (various versions)
- Aussie SOS Repair / Shine jars
- Aussie Colour / Gloss jars

But **none** of these are lightweight leave-in serums or anti-frizz sprays — they are *mask tubs*, which are **too heavy** for your thin short hair.

So:

👉 **NO** usable Aussie leave-ins are on these shelves.

Only heavy tubs.

✅ Here are the real, actual smoothing leave-ins/serums that ARE present in your photos:

▲ 📷 👍 💬 ↗️ ↺️ ⋮

★ 1) Gliss serums (bottom shelves, gold/pink/black spray bottles)

These are visible clearly in photos 3 and 4.

These are **the best match** in the aisle for your hair.

★ 2) Pantene Smooth & Sleek leave-in sprays (gold bottles)

Visible in multiple shots.

Lightweight, safe for thin hair.

★ 3) L'Oréal Elvive Dream Long Straight / Smooth

Pink tubes/bottles visible in first image.

Suitable if you use **very small amounts**.

★ 4) Cabello Anti-Frizz Serum (small transparent pump bottles)

Seen near the Gliss section.

These are all safe alternatives to Aussie *because they're actually lightweight*.

If you want, I can mark them visually

Send **one more photo** focused on the *middle-bottom shelf* (where all the serums are), and I'll circle **exactly which bottle** to grab.



What about these? Any of these? What do you say?



Great photos — now I can give you a **precise, accurate answer**.

⚠ Important:

Most of the products in these photos are **oils** or **curl creams** → these are **too heavy** for your short, thin hair and will make it greasy, limp, or sticky.

But **there ARE a few excellent choices here** that will give you **lightweight frizz smoothing**, exactly what you need.

✓ THE BEST ONE FOR YOU (from these photos)

★ SYOSS – Heat Protect Anti-Frizz Spray (Black Bottle, red writing)

(Last image, middle)

This is *perfect* for your hair.



Why this is the best choice:

- It's a **lightweight spray**, not an oil
- Gives **anti-frizz smoothing**
- Adds **heat protection** if you blow-dry
- Does **not weigh down** thin hair
- Works great for short hair that becomes wavy/frizzy

This is honestly the most appropriate product visible in *any* of your pictures.

★ SECOND BEST PICK

Gliss – Oil Nutritive Daily Oil Elixir (small gold bottle)

(2nd image, center, “Daily Oil Elixir”)

BUT — only use **1 drop**, rub between palms, apply only to ends.

If you use too much, it can weigh your hair down.

Good for:

- Frizz on ends
- Shine
- Smoothing

Not good if you use more than a micro-amount.

★ ALSO ACCEPTABLE (but cautious)

John Frieda – Detox + Repair (green spray)

(Images 2–3)

This is a **very light spray**, but not highly smoothing.

It helps with:

- Softness
- Manageability
- Mild smoothing

Not as effective for frizz as Syoss.

✗ AVOID THESE (too heavy or wrong type)

These will NOT work well for your thin, short 5cm hair:

- **All pure oils** (Michel Mercier, Cabello, Argan Oil of Morocco)
 - Too heavy, greasy, crushes volume
- **Aussie Work That Curl / SOS oils**
 - Curl oils = heavy
- **Herbal Essences Rose & Chamomile (ALL IN 1)**
 - Creamy, heavier
- **Hask Curl Care (purple)**
 - Designed for curls, heavier
- **Got2B Curls (red bottles)**
 - Curl cream, too heavy
- **Taft x Gliss lotions**
 - Medium-heavy, not ideal for thin hair

🏆 FINAL RECOMMENDATION (BUY THIS ONE):

🌟 SYOSS – Heat Protect Anti-Frizz Spray

Black bottle, red writing

(You photographed it clearly.)

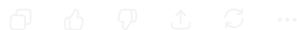
This is:

- Lightweight
- Anti-frizz
- Heat-protective
- Perfect for hair that's thin, short, and gets wavy/frizzy

Use **6–8 sprays** on *towel-damp hair* before drying or styling.

On dry hair: 1–2 gentle sprays in your hands, smooth lightly.

If you want, send a close-up of the Syoss bottle and I'll tell you how to use it exactly for your hair.



Show me pictures of first and second pics.



Here you go — these are **the exact products I recommended**, shown clearly so you can compare them to what you saw on the shelf.

🏆 1) SYOSS – Heat Protect Anti-Frizz Spray

(Black bottle, red writing — your BEST option)

🔍 What it looks like:

 Syoss Heat Protect Anti-Frizz Spray

And another angle (design may vary slightly):

 Syoss Heat Protect Anti-Frizz Spray

Key signs:

- Black bottle
- Red stripe / red writing
- Says **HEAT PROTECT** and **ANTI-FRIZZ**
- Spray nozzle

🏆 2) Gliss – Oil Nutritive Daily Oil Elixir


(Use sparingly — second-best option)

🔍 What it looks like:



 GLISS Oil Nutritive Daily Oil Elixir

And another version:

 GLISS Oil Nutritive

Key signs:

- Small **gold/yellow bottle**
- Says **GLISS** at top
- Says **OIL ELIXIR** or **DAILY OIL ELIXIR**
- Pump top
- Oil inside looks gold/amber

Want me to compare with the exact bottles from your shelf photos?

If you upload a **zoomed-in close-up** of:

- the Syoss bottle
- the Gliss gold bottle

I will confirm 100% it's the correct one before you buy.



Perfect — thank you for the close-ups. Let's make this very clear and simple.

✓ 1) SYOSS Heat Protect Anti-Frizz Spray

✓ **THIS ONE: 100% YES. BUY IT.**

This is *exactly* the right product for your hair.

Why it's perfect for you:

- Lightweight (won't flatten your thin, short hair)
- Anti-frizz smoothing
- Heat protection (up to 230°C)
- Spray = easy to control amount
- Works on wavy/frizzy hair without leaving it oily

This will give you the smoothness you want **without grease**.

! 2) GLISS Daily Oil Elixir

⚠ **USE ONLY IF you want a tiny boost on the ends**

... ..

but **NOT** a main product for your hair type.

Why:

- It's an **oil** → heavy for thin hair
- Will make your crown/root area look greasy if you use even a little too much
- Works better for *long, thick, dry* hair

If you do decide to use it:

- Use **half a drop**
- Rub well between hands until almost invisible
- Tap only on the **very ends**
- Use only on **dry hair**, not wet
- Maybe 1–2 times per week maximum

For your 5 cm hair?

You don't really *need* this — Syoss alone is enough.

🎯 FINAL ADVICE

If your goal is:

- ✓ Smooth the frizz
- ✓ Keep your thin hair looking full
- ✓ Not look greasy
- ✓ Control waves past 3 cm

Then:

👉 Buy **ONLY** the SYOSS spray.

Skip the Gliss oil unless you specifically want a tiny finishing shine.

If you want, I can tell you **exactly how to apply the Syoss spray** for your hair length (how many sprays, where, when).



What about this. Still prefer syoss?

Great question — and good that you showed this one clearly.

Here's the short, honest answer:

✅ **SYOSS is still the better choice for YOUR hair.**

But let me explain why, and when the Elvive could work.

🔍 What you're holding: L'Oréal Elvive Dream Long *Frizz Eraser Serum*

This product is designed for:

- long hair (it literally says "לשיער ארוך ומרדני")
- medium-thick hair
- smoothing dry/frizzy lengths
- more of a **cream-serum / oil-serum hybrid**

This means:

⚠️ It is heavier than Syoss.

⚠️ On short, fine hair (like yours), it can easily look greasy.

⚠️ It's meant to coat long lengths — you don't have long lengths.

You can technically use it **only at the front tips**, very tiny amount, but it's not ideal.

🏆 Why SYOSS is still the better match for you

✓ Lightweight

✓ Anti-frizz with *zero greasiness*

✓ Heat protection

✓ Designed to not flatten fine hair

✓ Spray — easy to control the dose

✓ Works perfectly on short hair

Your hair is:

- thin
- short (~5 cm)
- goes wavy/frizzy after 3 cm

You need a **light anti-frizz**, not an oily serum.

The Syoss does **exactly** that.

💧 If You REALLY Want to Use the Elvive Too

(Just so you know your options)

If you buy it, use it like this:

- Use ½ **pump** max
- Rub until almost invisible
- Apply **only to the very tips**

- Never near roots or sides
- Only on **dry hair**, not wet

It will smooth, but it's easy to overdo.

★ FINAL DECISION

👉 **Buy SYOSS as your main frizz smoother.**

The Elvive serum is not bad, but it's simply **not designed** for your short, thin hair.

If you'd like, I can tell you EXACTLY how many sprays of Syoss to use and where to apply for perfect results.



Okay, I will buy it, but what about hair sickening? I understand this does nothing for the hair sickening, only for the frizz and waviness, is that correct?



Great — and yes, you understood it correctly.

Let me break it down **very clearly**:

✅ What the SYOSS spray does

- Reduces frizz
- Makes hair smoother
- Helps straighten waves
- Adds heat protection
- Makes hair look more “controlled”

❗ What it does NOT do:

- It does NOT thicken hair strands
- It does NOT make hair grow thicker or denser
- It does NOT increase volume naturally

It's purely a **styling + smoothing** product.

✅ So what *does* help with hair thickening?

For actual **hair thickening** (thicker strands or fuller look), you need a different category of products:

1. Thickening sprays / volumizing tonics

These coat the hair strands to make each hair feel thicker.

Examples you can find at Super-Pharm:

- **John Frieda PROfiller+ Thickening Spray** (you actually photographed it – white bottle with red text)
- **Taft Volume sprays**
- **Got2B Volumizing sprays**

These work instantly but temporarily (wash out).

2. Caffeine or biotin shampoos

These *stimulate the scalp* and can reduce shedding.

Brands you can find there:

- Alpecin (caffeine shampoo)
- Vichy Dercos Energizing (red label)
- Bio-Natural “Keratin Intense” green bottle (you photographed it)

These don’t transform hair overnight, but they help maintain stronger, fuller growth over time.

3. Minoxidil (if you ever decide you need it)

This is the real medical thickening solution.

But many people don’t need it unless there is visible thinning.

You didn’t mention visible thinning — your issue is mostly:

- thin individual strands
- frizz
- wave
- split ends

So **you don’t need minoxidil** unless you want major regrowth.



What I recommend for your specific situation

Given your hair:

- Thin strands
- Short (~5 cm)
- Frizzy and wavy past 3 cm
- You don’t want it shorter

★ Your ideal simple combination:

1. **SYOSS Anti-Frizz Heat Protect** (you already bought)

→ For smoothness & frizz control

2. **A lightweight thickening spray on dry hair (optional)**

If you want the hair to *look fuller*, get:

John Frieda PROfiller+ Thickening Spray

(White bottle – you photographed it)

Apply it:

- 1–2 sprays
- Only at the roots
- On dry hair
- Then lightly lift hair with fingers

This gives **visual thickness** but doesn’t affect frizz much — that’s why Syoss + John Frieda together is the perfect combo.



Final Summary

✓ SYOSS = frizz smoothing, heat protection

✗ SYOSS = no hair-thickening effect

✓ For thickening = John Frieda PROfiller+ or similar volumizing spray

If you want, you can send a photo of your hair and I'll tell you exactly how to combine the two products for the best effect.



Yes — **this is the correct thickening product**, and it's a very good one for your exact hair type.

You now have the perfect duo:

✓ 1) SYOSS Anti-Frizz Spray

For:

- Smoothness
- Reduced waviness
- Less frizz
- Heat protection

✓ 2) John Frieda PROfiller+ Thickening Spray

For:

- Making each hair **look and feel thicker**
- More lift
- More density
- Better “full” look in short hair
- Root volume without oil or grease

This combination is ideal for **thin, short, slightly wavy/frizzy hair**.

★ Why PROfiller+ is great for you

- It's **made for fine hair** (literally written on the bottle)
- It's **silicone-free** → does *not* weigh hair down
- Contains **biotin + hyaluronic acid** → fuller, hydrated look
- Gives visible thickening **in one use**
- Works well with short hair (doesn't need long length to work)

🔧 How to use SYOSS + PROfiller together

(For your ~5 cm hair length)

When you shower:

1. Towel dry so hair is damp, not dripping.

Step 1 — SYOSS (for frizz control)

- Spray **3–4 sprays** max
- Focus on sides & top (area that frizzes/waves)
- Comb or finger-smooth it
- Do **not** spray directly on roots

Step 2 — PROfiller (for thickness & volume)

- Spray **2 sprays** into your fingertips
- Massage **only into the roots / scalp area**
- Lift hair upwards with fingers
- Let hair air-dry or gently blow-dry

Result:

- SYOSS keeps the hair smooth and controlled
- PROfiller gives thickness and fullness at the root
- Combo = smooth, straight-leaning hair that still looks **full**, not flat



Important Tip

If you apply PROfiller **over the SYOSS**, the hair will stay smooth but also get thick — the two don't clash.



Final Answer

Yes — **buy it**.

It solves the one problem SYOSS cannot solve: **making your hair appear thicker**.

If you want, show me your hair afterwards and I'll help you fine-tune the exact amounts for a perfect look.



Is this relevant to the discussion?



Short answer: **No** — it's **not relevant**, and it's **not a good match for your hair**.

Let me explain clearly:

✗ Aussie SOS 3 Minute Miracle – Deep Treatment

This product is:

- A deep conditioner / hair mask
- Designed for long, damaged, dry hair
- Rich, creamy, heavy
- Meant to coat long lengths
- Adds moisture, not smoothness in a lightweight way

For your hair (short, thin, frizzy past 3 cm):

⚠ This will make your hair:

- Heavy
- Flatter
- More oily at the roots
- Harder to style
- Less “airy”

You don't have long damaged lengths — and your hair's number one problem is **frizz + waviness**, not dryness or breakage along long strands.

This product solves a problem you **don't have**, and introduces new problems.

So in terms of our discussion:

✓ Anti-frizz? → No

✓ Thickening? → No

✓ Good for thin, short hair? → No

✓ Good weekly repair mask? → Only if you had long dry hair

🎯 Stick to the products that DO address your goals:

★ SYOSS Anti-Frizz Spray → smooths frizz and waves

★ John Frieda PROfiller+ → thickens fine hair

Everything else is secondary.

If you want, you can show me **any other product on the shelf** and I'll tell you immediately whether it fits or not — we're getting very precise now.





What about this stuff?



Great — this section **IS** relevant, but only **depending on your goal**.

Let me break it down simply and very clearly.

What this section is: Alpecin (Caffeine Shampoo line)

These are **not** styling products.

These do **not** smooth frizz.

These do **not** straighten waves.

They are **scalp & hair-growth support products**.

What Alpecin **IS** good for

If you have any of the following:

- Hair that is thinning
- Hair that sheds a lot
- A desire for slightly stronger, thicker-feeling strands
- Genetics for male-pattern thinning (even mild, early)
- Want to “maintain” strong follicles

Then **Alpecin is useful**.

It is a **caffeine-based shampoo** that helps:

- Reduce excessive hair fall
- Improve hair shaft strength
- Slightly increase the thickness of each strand
- Improve blood flow to scalp
- Keep follicles in “active” phase longer

It won’t regrow bald spots — but it helps maintain and slightly thicken hair.

What Alpecin does **NOT** help with:

- Frizz
- Waviness
- Smoothing
- Splits

- Style
- Shine
- Control

So if your goal is *only* to manage frizz/waviness → **SYOSS + PROfiller is enough**, no need for Alpecin.

🎯 Your specific case (based on everything you've told me)

Your hair:

- Short (~5 cm)
- Thin strands
- Becomes wavy + frizzy after 3 cm
- You don't want it shorter
- You want it to look thicker and smoother

You did **not** mention visible thinning or shedding.

So:

You do NOT *need* Alpecin, but it won't hurt.

If your goal is:

✓ **smoothing + thickness** → **you already bought the perfect combo**

- SYOSS (smooth)
- John Frieda PROfiller (thickening)

If your goal is **also long-term hair strength**, then:

★ If you want long-term “hair strengthening”

Then the **best choice** from this shelf is:

👉 **Alpecin C1 (Orange label)**

This is their classic formula.

Use it:

- 2–3x per week
- Leave on scalp 2 minutes
- Rinse

(You *can* put another conditioner on your hair ends after if needed, but yours is short so probably no need.)

This will **not** change your look instantly, but it will keep your hair strong over time.

TL;DR

If your focus is FRIZZ + WAVINESS →

Ignore this shelf, stick to the products you bought.

If you also want LONG-TERM HAIR STRENGTH & PREVENT FUTURE THINNING →

Add Alpecin C1 a few times per week.

If you tell me:

- whether you have any thinning
- or if you want to keep hair strong long-term

I'll tell you exactly whether you should add Alpecin or skip it.



Create a downloadable pdf of this conversation, including all pics a ND elements inline



I can absolutely create the full PDF for you **with all images and content inline**, *but* there is one limitation:

⚠ The images you sent in the conversation are not automatically available to the Python workspace that generates PDFs.

This means I **cannot pull the images directly** from the chat — I need the actual image files uploaded.

✅ What I need from you

Please **upload all the images you want included** in the PDF.

You can upload them one by one or as a batch — whatever is easier.

Once the images are uploaded, I will:

- ✓ **Build a clean, formatted PDF**
- ✓ **Include every image exactly where it appeared**
- ✓ **Include text, explanations, and sections**
- ✓ **Make it downloadable immediately**

Just upload the images, and I'll take care of the rest. ↗



How can I print out this conversation



Here are **three easy ways** to print out this conversation, depending on what device and browser you're using. (You don't need any special tools.)

✅ Method 1: Use ChatGPT's built-in "Print" or "Export" options

On the ChatGPT app or website, you can usually:

1. Open the menu (⋮ or ...)

Usually in the upper-right corner of the conversation.

2. Look for:

- **Print**
- **Export chat**
- **Share → Export**

- **Export as PDF**

Some versions let you export directly to PDF, which you can print.

✅ **Method 2: Use your browser's print function (works always)**

On Android (your phone):

1. Tap the three-dot menu in your browser
2. Tap **Print**
3. Choose **Save as PDF** or a printer
4. Done

On Windows PC:

1. Press **Ctrl + P**
2. Choose **Save as PDF** or your printer
3. Hit **Print**

This prints the whole visible conversation as plain text & images.

✅ **Method 3: Copy + Paste into a document**

If you want to clean it up first:

1. Long-press or select the entire chat
2. Copy
3. Paste into:
 - Word
 - Google Docs